

CENTRE PROCEDURES

46 Health and Safety Practices Standard: General
Licensing Criteria: HS9, HS20, HS22, HS23,



BREAST FEEDING

Purpose:

Treetops Early Learning Centre is committed to providing support to breastfeeding mothers. We believe that breastfeeding is an important time for mothers and babies to spend quality time together. We understand the nutritional benefits of breast milk for babies.

Guidelines:

1. Breastfeeding mothers will be provided with a place to breastfeed or express their milk. This will be a private, sanitary area with a comfortable chair. Staff will ensure there is an electrical outlet for expressing pumps if required and mothers will have access to the kitchen or staff room where there is running water.
2. A fridge is available in the nest for storage of expressed milk. Mothers are to provide their own containers, clearly labelled with their child's name and date.
3. Expressed breast milk will be warmed in a bottle/food warmer only. A microwave will never be used to warm breast milk.
4. Before feeding, thoroughly shake the bottle. Test the temperature of the expressed breast milk by shaking a few drops on the inside of your wrist. It should be warm, not hot.
5. Any baby under the age of 8 months will be held whilst having their bottle. Any child who is unable to independently hold their bottle will be held. At no time will a child be left propped up or unattended with a bottle.
6. Frozen expressed breast milk can be thawed in the refrigerator or alternatively, put into the bottle warmer. A freezer in the kitchen is available for frozen breast milk storage if required.
7. Any warmed expressed breast milk must be used within two hours and any leftover milk after a feed must be thrown out. Never reheat expressed breast milk.
8. Time of feed and amount consumed will be recorded in the child's notebook or in any other places as designated by the centre.
9. Children must not be given fluids in bed / cot.

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